

# John Aghato

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*Physical education teacher and athletics coach with 7+ years of experience delivering a safe and engaging learning environment. Diplomatic spouse of a U.S. Embassy employee with a strong tie to the American community in Mexico City and understanding of American educational standards and norms.*

## PROFESSIONAL EXPERIENCE

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### WESTHILL INSTITUTE

Physical Education Teacher

**Mexico City, Mexico**

*August 2023–Present*

- Develop and implement comprehensive physical education curriculum to 200 students in grades 1-5, while cultivating a culture of sportsmanship, teamwork, and professionalism
- Maintain proactive and consistent communication with school administration and Westhill parents on administered IB educational and skill assessments via Toddle Learning Management System
- Provide instruction on Athletics, volleyball, basketball, tennis, swimming and soccer techniques and instill confidence and cooperation among students to enhance beginner and intermediate athlete performance
- Coordinate with the Head of Athletics to provide administrative direction and oversight for the kindergarten extracurricular soccer program for students ages 4 to 6
- Collaborate with school administrators to establish and implement modified physical education programs for students with disabilities, and provide individual emotional support and physical assistance

### AGA KHAN NURSERY & PRIMARY SCHOOL

Physical Education Teacher

**Dar es Salaam, Tanzania**

*August 2022–July 2023*

- Developed and delivered a comprehensive physical education curriculum for grades 3-6, resulting in a 20% increase in student participation in physical and sports activities
- Organized and supervised intramural soccer leagues for primary and secondary school students ages 2-13 and provided tutoring for extracurricular health and nutrition activities to enhance students' health awareness

### GYMNASTICS ACADEMY OF TANZANIA

Academy Youth Coach

**Dar es Salaam, Tanzania**

*August 2018–July 2023*

- Provided group instruction on fundamental principles of gymnastics, strength and conditioning, research-based safe movement and motor development techniques, and performance for children ages 3 to 15 of various skill levels
- Utilized management software to streamline administration, scheduling, communication, and payment

## EDUCATION

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### UNIVERSITY OF ALABAMA

Master of Arts (MA) in Elementary Education

**Tuscaloosa, Alabama**

*February 2024 - Present*

### UNIVERSITY OF DAR ES SALAAM

Bachelor of Education in Physical Education and Sports Science

**Dar es Salaam, Tanzania**

*November 2018*

## ADDITIONAL SKILLS

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- Athletic coaching; program coordination; health and wellness education; injury prevention; classroom management; curriculum instruction; budget management; and international education assessment (IB-MYP/PYP)
- Proficient in MS Office (Word, Excel, PowerPoint) Outlook and digital technology and administration collaboration
- **Swahili** - Native Speaker | **English** - Professional Fluency | **Spanish** - Conversational